

BPS Lunch Menu #1

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Monday

Brabyns Brunch - Oven Baked Sausage, Hash Brown, Baked Beans & Mushrooms. Broccoli Bake (V). Cauliflower & Courgettes
Fresh Fruit. Yoghurt. Fresh Pineapple

Tuesday

Beef or Vegetable (V) Spaghetti Bolognese. Breaded Goats Cheese (V). Sweetcorn. Carrot & Swede
Fresh Fruit. Yoghurt. Apple & Cinnamon Muffins

Wednesday

Cod in Herb crust with Baby New Potatoes. Vegetable (V) or Beef Cannelloni. Green Beans & Broccoli
Fresh Fruit. Yoghurt. Ice Cream Rolls

Thursday

Savoury Mince Pie with Gravy & Roast Potatoes. Spinach & Cheese Tortellini (V). Carrots & Roast Parsnips
Fresh Fruit. Yoghurt. Melon Selection

Friday

Teryaki Chicken & Spicy Couscous. Vegetable Samosa (V)
Fresh Fruit. Yoghurt. Vanilla Sponge & Buttercream

Available Daily:

*A selection of seasonal vegetables, Baked potato with toppings, Wholemeal Bread & Bread Sticks.
Fresh Fruit, Yoghurt, Cheese, Vegetarian & Vegan options.*

BPS Lunch Menu #2



Monday

Mozzarella & Penne Pasta Bake (V) Cauliflower Cheese (V), Sweetcorn & Carrot Batons
Fresh Fruit. Salad Yoghurt.

Tuesday

Beef or Vegetable (V) Chilli with Rice / Taco Shells. Ratatouille & Halloumi Bake(V), Cauliflower & Broccoli
Fresh Fruit. Yoghurt. Iced Fingers

Wednesday

Sweet & Sour Pork with Soft Noodles. Oven Baked Salmon. Green Beans
Fresh Fruit. Grapes with Baby Bell Cheese.

Thursday

Chicken Casserole with Yorkshire Pudding & Roast Potatoes, Cheese Quiche (V), Carrots & Button Sprouts
Fresh Fruit Selection. Yoghurt.

Friday

Friday Fish & Chips with Baked Beans. Bacon / Cheese Enchilada.
Fresh Fruit. Yoghurt. Summer Fruit Crumble & Creme Fraiche

Available Daily:

*A selection of seasonal vegetables, Baked potato with toppings, Wholemeal Bread & Bread Sticks.
Fresh Fruit, Yoghurt, Cheese, Vegetarian & Vegan options.*

BPS Lunch Menu #3



Monday

Cheese Pie with Saute Potatoes. Macaroni Cheese (V), Baked Beans & Carrot Slices.
Fresh Fruit. Yoghurt.

Tuesday

Chicken or Vegetable (V) Tikka & Rice. Lamb Enchiladas. Green Beans
Fresh Fruit. Yoghurt. Melon Selection

Wednesday

Barbeque Chicken & Cous Cous. Vegetable Tortellini (V), Cauliflower Cheese & Broccoli
Fresh Fruit. Yoghurt. Viennese Whirls

Thursday

Sweet Potato Cottage Pie with Red Cabbage. Cheese / Ham Omelette. Button Sprouts & Roast Parsnips
Fresh Fruit. Yoghurt. Grapes & Strawberries

Friday

Spanish Chicken & Rice. Cheese Ciabatta.(V) Mixed Pepper Salsa & Taco Shells
Fresh Fruit. Yoghurt. Cinnamon Swirls

Available Daily:

*A selection of seasonal vegetables, Baked potato with toppings, Wholemeal Bread & Bread Sticks.
Fresh Fruit, Yoghurt, Cheese, Vegetarian & Vegan options.*

BPS Lunch Menu #4



Monday

Cheese & Tomato (V) or Pepperoni Pizza Potato & Pancetta Gratin, Sweet Potato Wedges, Baked Beans, Mushrooms
Fresh Fruit. Yoghurt. Pear Muffins

Tuesday

Penne Pasta Carbonara, Chicken Enchiladas, Sweetcorn, Green Beans
Fresh Fruit. Yoghurt. Pineapple Slices

Wednesday

Beef or Lentil (V) Lasagne. Garlic & Herb Slice. Salmon & Vegetable Tortellini. Broccoli & Cauliflower
Fresh Fruit. Yoghurt. Fruit Mousse

Thursday

Home made Sausage Roll. Halloumi & Rosemary Skewers (V). Button Sprouts & Roast Parsnips
Fresh Fruit. Yoghurt. Fruit Salad & Grapes

Friday

Vegetable Fajita Wraps with Soured Cream & Guacamole (V). Tuna Pasta Bake
Fresh Fruit. Yoghurt. Sultana Scones

Available Daily:

*A selection of seasonal vegetables, Baked potato with toppings, Wholemeal Bread & Bread Sticks.
Fresh Fruit, Yoghurt, Cheese, Vegetarian & Vegan options.*